



Brazos Valley Health Coalition Newsletter

About Us

The Brazos Valley Health Coalition (BVHC) was formed in January 2016 to act as a coordinated group to address health issues in the Brazos Valley. The BVHC, which consists of numerous social service, healthcare, education, and governmental agencies, has two main goals:

1. Conduct a community health needs assessment (CHNA) to identify the health needs and strengths of the Brazos Valley
2. Create a community health improvement plan (CHIP) to determine health priorities and specific strategies that can be implemented to address the issues identified in the Community Health Assessment

The Brazos County Health District acts as the lead agency for the coalition. For more information, contact BVHC@brazoscountytexas.gov or Arthur O. Davila at adavila@brazoscountytexas.gov or 979-361-5700.

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A Message to Our Community

Happy July everyone!! The Brazos Valley Health Coalition is founded on the collaboration of diverse organizations and individuals working to build a healthier Brazos Valley, with a special emphasis on supporting the underrepresented and underserved populations in the area. By sharing knowledge and resources, we unite our efforts to strengthen the health of our community.

We extend our sincere thanks to our major supporters for generously contributing their time and expertise toward this vision of a healthier future. Thanks to their dedication, along with that of many others, BVHC is able to connect people to health resources throughout Brazos County and the six counties surrounding it.

Also, we are deeply grateful to the individuals who support this mission. Your commitment helps connect our work directly to the community we serve—and for that, we thank you.

Meeting Updates

On the second Monday of each month all are invited to the Brazos Valley Health Coalition general meetings, whether you are a representative of an organization or an individual wishing to stay informed. Meetings are typically held at the Brazos County Health District located on 201 North Texas Avenue Bryan, Texas 77803 (unless stated otherwise) from 10:00am-11:00am. You are also welcome to join in on Zoom as well!

Here, one to two organizations from the area share how they support the community. Meetings are usually accompanied with snacks and drinks, and they are a fantastic way for organizations and all people to network and get to know one-another and stay educated about local health resources. Everyone is welcome to attend!

June Meeting Recap

Last month, we were gracious enough to hear from two organizations! First we heard from Accel Rehabilitation Center in College Station. Accel shared with us the services they provide, the wide array of resources they have at their facility, and a touching success story.

Next, Encompass Rehabilitation Hospital in Bryan spoke to us about the resources they provide, and the impact their hospital has on the community.

July Meeting Agenda

This month, we will be hearing from the Community Health Needs Assessment (CHNA) team from Heart of Texas Goodwill, Crescendo.

Additionally, we will be hearing from the Emergency Preparedness Coordinator from the Brazos Valley Community Emergency Response Team (CERT) about high heat risk. We are looking forward to hearing more from them both on Monday, July 14th!

Seasonal Announcements

Watch	Warning
Atmospheric conditions favorable for severe weather.	Severe weather is occurring or imminent
Typically in effect for several hours.	Typically in effect 30-45 minutes.
Covers a large area (many counties).	Covers a relatively small area.
Stay alert. Be prepared to take shelter if a warning is issued.	Take Action. Go to your shelter immediately.

National Weather Service Paducah, Kentucky

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
Red 3	Major - This level of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

Community Involvement

We want to emphasize that BVHC Community is meant for everybody. There are many ways to get involved- both large and small. Below are listed local resources to help connect you to the cause. If your organization would like your advertisement listed completely **free of charge**, please contact BVHC@brazoscountytx.gov.

Your #1 risk for breast cancer is being a woman

Breast cancer is the most common cancer in women in the United States. It is about 29% for 1 in 3 of all new female cancers each year.

Breast cancer is the second leading cause of cancer death in women.

But there is good news!

The risk of death from breast cancer is reduced by more than 50% when you get regular breast mammograms. Mammograms can find breast lumps before they become big enough to feel.

Our Mission
Keep lives through quality breast health care, primary and preventive care for all.

Schedule your mammogram today

Make your breast health a priority

Our Services

Quality Care

2024 Mammogram 100%

Quick and secure web log in: www.roseoncology.com

HealthPoint Pediatrics

Why Choose Us?

HealthPoint offers primary health care services for your whole family!

We accept all major insurances, but you do not have to have health insurance to see one of our providers. We take all Medicare and Medicaid plans and offer a sliding fee scale for those who qualify.

You do not have to be a resident of any specific city, county or area to be seen by one of our providers. We believe everyone deserves access to excellent care.

With more than 30 locations and growing, HealthPoint makes it easy to get the health care you and your family need. You can request an appointment online or call one of our clinics today!

Our Services

Well Child Exams
Well-child exams track your child's growth, development, and overall health while helping vaccination up to date.

Virtual Visits
Consults, secure, and safe - effective and - child's virtual and in-person!

Pharmacy
Our full-service, patient-friendly pharmacy is serving your needs with prescription prices you can afford.

Pediatrics
Our highly skilled medical professionals are kid-friendly.

Acute Care
Our Acute Care providers offer same-day appointments for minor illnesses and injuries.

Behavioral Health
Our behavioral health providers work closely with your primary care provider to help manage mental and physical health by addressing a wide range of behavioral health issues including ADHD, autism, anxiety, depression, eating disorders, and more.

Dental
We provide general and preventive dental services to children and teens, including dental exams, cleanings, fillings, braces, and more.

Convenient Locations
HEALTHPOINT-TX.COM

HealthPoint Pediatría

¿Por qué elegirnos?

HealthPoint ofrece servicios de atención primaria para toda su familia.

Acceptamos la mayoría de los seguros médicos principales, pero no necesita tener seguro médico para ver a uno de nuestros proveedores. Aceptamos todos los planes de Medicare y Medicaid y ofrecemos una escala de tarifas reducidas para quienes califican.

No tiene que ser residente de una ciudad, condado o área específica para ser atendido por uno de nuestros proveedores. Creemos que todos merecen acceso a atención médica de calidad.

Con más de 30 ubicaciones y en constante crecimiento, HealthPoint facilita el acceso a la atención médica que usted y su familia necesitan. Puede solicitar una cita en línea o llamar a una de nuestras clínicas hoy mismo!

Nuestros Servicios

Exámenes para niños saludables
Los exámenes para niños saludables ayudan a monitorear el crecimiento, desarrollo y salud general de su hijo, además de asegurar que sus vacunas estén al día.

Visitas virtuales
Consultas seguras y efectivas a través de videoconferencia.

Farmacia
Nuestra farmacia de servicio al paciente ofrece atención farmacéutica y servicios de farmacia para todos los medicamentos recetados.

Pediatría
Nuestros profesionales médicos altamente calificados son amigables con los niños.

Atención aguda
Nuestros proveedores de atención médica ofrecen atención médica de emergencia y atención de urgencia para problemas de salud.

Dental
HealthPoint ofrece servicios de odontología general y preventiva para niños y adolescentes, incluyendo exámenes, limpiezas y tratamientos de ortodoncia.

Ubicaciones
HEALTHPOINT-TX.COM

WE SUPPORT, EMPOWER AND EMBRACE YOU

ASD WELLNESS AND THERAPY PROGRAMS AND SERVICES

OUR PROGRAMS:

- Parent Empowerment
- Home Management
- Financial Literacy
- W.E.S.E. You
- Plan for the Future

OUR SERVICES:

- One Time Consultations
- Care Management
- Counseling
- Behavior Support and Plan

Plan for the Future

Telehealth Licensed Clinical Social Worker available!

Let's tailor your services and needs

Our Mission is to promote wellness and advancement within the Autism Community through Support, Education, Advocacy, and Resources.

Our goal is to bridge the gap between families, resources and community.

Book your online consultation now!

www.asdwellnessandtherapy.com

Connect Us: www.facebook.com/asdwellnessandtherapy | www.instagram.com/asdwellnessandtherapy | www.linkedin.com/company/asdwellnessandtherapy

FREE BOOK FRIDAY!

JOIN THE HEART OF TEXAS GOODWILL SUMMER READING PROGRAM!

EVERY STUDENT (PRE-K THROUGH 12TH GRADE) CAN PICK AN AGE-APPROPRIATE BOOK FOR FREE EVERY FRIDAY. IT'S A GREAT WAY TO MAINTAIN AND ENHANCE READING SKILLS AND HAVE SOME FUN TOO!

***SEE BOOK FOR STUDENT PARTICIPATION LOCATION**

QR CODE FOR MORE INFORMATION

WWW.HOTGOODWILL.ORG

sarc
sexual assault resource center

Our mission is to support survivors of sexual violence through advocacy, counseling, and crisis intervention and work to end sexual violence in the Brazos Valley.

COUNSELING
Crisis and individual counseling services are available 24/7. Advocacy support is available during the business hours of the center.

CRISIS INTERVENTION
Advocates are available 24/7 to provide support and assistance to survivors of sexual violence.

EDUCATION
Primary prevention programs are available for schools, workplaces, and community organizations.

ADVOCACY
Advocates provide support and assistance to survivors of sexual violence throughout the legal process.

24/7 Sexual Assault Crisis Hotline 979-731-1000

The hotline is staffed by advocates who provide immediate help for callers who need someone to talk, answer questions, or provide referrals.

sarc.org | reachout@sarc.org

Scotty's House
30 Years in community service

Who We Are

Scotty's House provides safety, healing and justice for children who have been sexually abused through professional treatment, counseling, and education in a compassionate and collaborative approach.

About Us

For many children that come to Scotty's House, the most important interaction of their lives happens within our walls.

Scotty's House is the child advocacy center for the Brazos Valley, dedicated to supporting child victims of crime. Since 1995, we've provided a safe, collaborative space where law enforcement, CPS, and medical professionals come together to reduce the trauma that kids experience.

Our goal: To make sure children don't have to relive their trauma over and over again, by offering everything from forensic interviews to medical exams and counseling in one facility, we support child victims of crime on their path to recovery.

Through a multidisciplinary team of individuals, including law enforcement, child protective services, prosecution, and medical and mental health professionals, we coordinate the collaborative response and investigation of child abuse cases.

At Scotty's House, we help children not only begin their healing, but reclaim their childhood.

Our Services

- FORENSIC INTERVIEWS**
A child's trauma is often compounded by the forensic interview process. Our forensic interviewers are trained to provide a safe, supportive environment for the child during the interview.
- FORENSIC MEDICAL EXAMS**
Medical exams conducted by a licensed medical professional to document physical evidence of sexual abuse.
- COUNSELING SERVICES**
Trauma-informed counseling for children and families to help them understand and cope with the experience.
- FAMILY SUPPORT SERVICES**
Support for families through the forensic interview process, including emotional support, information, and resources.
- COMMUNITY EDUCATION & VOLUNTEER OPPORTUNITIES**
High-quality education and training for the community to help prevent child sexual abuse and support survivors.

Our Impact in 2024

FORENSIC INTERVIEWS	FORENSIC MEDICAL EXAMS	FAMILY SUPPORT SERVICES	COUNSELING SERVICES
642	150	648	3,598

Contact Us

www.scottys-house.org | www.facebook.com/scottys-house | www.instagram.com/scottys-house

Scotty's House is a U.S. registered nonprofit 501(c)(3) organization, EIN #41-280608.

MADE FRESH DAILY

FRESH ALL NATURAL 100% JUICE

ENERGY
BUT HEALTHY
BLOOD PRESSURE AID
HELP REDUCE WEIGHT
LOWERS INFLAMMATION

johndephilipsonline.com
979-731-1000 | 979-731-1000

Write your own success story!

MPH ONLINE IN Epidemiology or Environmental Health

tx.ag/epidemiologyonline

tx.ag/environmentalhealthonline

TEXAS C-STEP
Cancer Screening, Training, Education & Prevention

Save the Date

SUMMER '25

Join the FREE family activities to nurture the mind and help at Goodwill's Community Connect Centers in Bryan, TX.

JUN 17 Summer Game Plan & Family Time 11:00 AM 2710 Boonville Bryan, TX 77808	JUN 30 Cable, Explore & Connect - Summer STEM 10:00 AM 2710 Boonville Bryan, TX 77808	JUL 19 Family Resource Fair 10:00 AM 2710 Boonville Bryan, TX 77808
JUL 23 Sticky Science - Explore Time Through STEM 10:00 AM 2710 Boonville Bryan, TX 77808	JUL 28 Cable, Explore & Connect - Summer STEM 10:00 AM 2710 Boonville Bryan, TX 77808	JUL 30 Snap, Spark & Shine - Circuits Workshop 10:00 AM 2710 Boonville Bryan, TX 77808
AUG 02 Baby/Infants - Connect & Grow 10:00 AM 2710 Boonville Bryan, TX 77808		

How to scan the QR code:

- Open camera app
- Point camera at QR code
- Tap the notification

Let's Stay Connected!
Follow along: @HeartTexasGoodwill | www.hatgoodwill.org

FAMILY RESOURCE FAIR

SATURDAY, JULY 19 2025
10:00 AM - 1:00 PM

Goodwill Community Connect
2710 Boonville Road, Bryan, Texas 77808

The Resource Fair is a free, family-oriented event designed to connect the community with local organizations offering valuable resources, services, and activities that promote family well-being. Areas of focus include parenting, health, education, and workforce development. Attendees will also have the opportunity to participate in a raffle and receive complimentary items provided by participating organizations.

GIVEAWAYS - ACTIVITIES - FREE ENTRY

FERIA DE RECURSOS FAMILIARES

SÁBADO 19 DE JULIO DE 2025
10:00 A.M. A 1:00 P.M.

Goodwill Community Connect
2710 Boonville Road, Bryan, Texas 77808

La Feria de Recursos es un evento gratuito y familiar, diseñado para conectar a la comunidad con organizaciones locales que ofrecen valiosos recursos, servicios y actividades que promueven el bienestar familiar. Las áreas de enfoque incluyen la crianza, la salud, la educación y el desarrollo laboral. Los asistentes también tendrán la oportunidad de participar en una rifa y recibir artículos de cortesía proporcionados por las organizaciones participantes.

SORTEOS - ACTIVIDADES - ENTRADA GRATUITA

Bryan Pregnancy Center

FREE DIAPERS

SATURDAY, JULY 19
10:00AM - 12:00PM

PARKWAY BAPTIST CHURCH
FOOD PANTRY & CLOTHES CLOSET
1501 SW PKY, COLLEGE STATION, TX

TO BE ELIGIBLE YOU MUST:
• BE A TEXAS RESIDENT
• HAVE A CHILD UNDER 36 MONTHS OLD
• BE PRECANT (OR BIOLOGICAL FATHER OF AN UNBORN CHILD)

For more information contact Bryan Pregnancy Center:
Call: (979) 455-2250 Text: (979) 353-1198
(Family or friends cannot pick up the materials for you)

Bryan Pregnancy Center

Pañales Gratis

SÁBADO, 19 DE JULIO
10:00 AM - 12:00 PM

PARKWAY BAPTIST CHURCH
DEPENSA DE ALIMENTOS Y ROPERO
1501 SW PKY, COLLEGE STATION, TX

PARA SER ELIGIBLE USTED DEBE:
• SER RESIDENTE DE TEXAS
• PADRE: BIOLÓGICO O FVDO DE UN NIÑO MENOR DE 36 MESES
• ESTAR EMBARAZADO (O PADRE BIOLÓGICO DE UN NIÑO NO NACIDO)

Para obtener más información, comuníquese con el Centro de Embarazo de Bryan:
Llámenos: (979) 455-2250 Text: (979) 353-1198
(La familia o los amigos no pueden recoger los materiales por usted)

LABOR & DELIVERY CLASS

SATURDAY, JULY 19TH
8:00am - 1:00 pm (breakfast & snacks provided at 1501 Parkway Blvd College Station, TX 77808)

TOPICS INCLUDE:

- Labor Comfort
- Nearest Feeding
- Labor Procedures
- Neonatal Care

Free meal/snack provided at 1501 Parkway Blvd College Station, TX 77808

To register, email: brynpregnancycenter@gmail.com 979-764-6636

Mammograms/Mamografías for Uninsured Women coming to The Brazos County Health District

And partnering with REACH Project
201 N Texas Ave.
Bryan, TX 77803
979-361-4440

August 27, 2025
9:00am - 2:45pm

The Rose.org
a Houston based non-profit breast health provider

Eligibility Requirements for Mobile Program Screening:

- Must be 40 years of age or older
- Must have a primary care physician
- Must have a breast cancer screening appointment
- Not to pregnant or breast feeding
- Not had breast surgery in the last 10 years
- Must not have had a mammogram in the last 12 months

Need financial assistance? We might qualify you for:

- Free mammogram
- Free transportation and/or parking proof of income
- All other services
- Have a doctor's order

Screening is done through our mobile breast health services. Screening is not done in our office.

SAVE THE DATE

Thirty years

OF HEALING

Anniversary Luncheon

October 30th at 11:30 am
Phillips Event Center
Formal invitation to follow
Sponsorships are now open

at **Scotty's House**
Bryan, TX

Would you like your advertisement featured on next month's newsletter? Just ask! Send an email to BVHC@brazoscountytexas.gov and fill out the form below!

Newsletter Advertisement Upload



Volunteer Opportunities

The Rose

Center for Breast Health Excellence

The Rose - Pink Ribbon Breast Cancer Ribbon Volunteer Opportunity

The pink ribbon lapel pin has become a powerful symbol to increase awareness about breast cancer, and it is easy to make for yourself and your friends.

During Breast Cancer Awareness Month in October and throughout the year—people wear pink ribbons to honor survivors, remember those lost to the disease, and to support the progress we are making together to defeat breast cancer.

We encourage you to wear a pink ribbon not just throughout the month of October, but year-round and pin us in the fight against breast cancer.

Follow the printed directions below to make your own pink ribbon lapel pin; no sewing needed. Finished size: 1 1/2" by 5/8".

You will need:

- Three inches of pink ribbon, a quarter-inch wide
- One small safety pin
- Needle and small length of pink thread or a tiny bit of glue
- Options to attach to a lapel
- The small safety pin used above
- Double stick tape

Directions:

1. Cut a three-inch length ribbon, snipping both ends at an angle. Lay the ribbon out horizontally with the shorter edge on top. Hold down the ribbon's midpoint. Group the left and right ends to it points down and slightly across the midpoint. The fold can be a soft curve or a crisp line.
2. Fold the right and the same way so the ribbon crosses itself about a half inch below the fold.
3. Where the ribbon crosses itself, use a tiny pinch of pink thread or a tiny dot of glue to hold the ribbon in place.
4. This safety pin can be used to attach the ribbon to a collar or lapel. You'll need to remove the pin from the ribbon, then work from inside your shirt to pin on the folded pink ribbon.

If you would like to make and donate any completed pink ribbons to The Rose, please contact Emily Reis at ereis@therose.org

Would you like your advertisement featured on next month's newsletter? Just ask! Send an email to BVHC@brazoscountytexas.gov and fill out the form below!

Newsletter Advertisement Upload



Would you like your advertisement featured on next month's newsletter? Just ask! Send an email to BVHC@brazoscountytexas.gov and fill out the form below!

Newsletter Advertisement Upload



Brazos County Health District Resources

JOIN US FOR HEALTH WELLNESS DAY!
TUESDAY, JULY 1ST
1PM - 4PM
AT THE BRAZOS COUNTY HEALTH DISTRICT
201 N. TEXAS AVE., BRYAN, TX, 77803
(979)-361-4440
PARTICIPATE IN CLASSES ON:

ANGER MANAGEMENT 	BASIC NUTRITION
INFECTION PREVENTION 	CARDIOVASCULAR HEALTH

Anger & Anxiety Management 5-Week Workshops

Free Available Workshops

Wednesday Mornings on June 25, and July 2, 9, 16, 23, & 30.
 - 10 AM Anger Management for Kids (5 - 11 yrs)
 - 11 AM Anger Management for Adolescents (12 - 17 yrs)
 - 12 PM Anger Management for Adults (18+ yrs)

Wednesday Evenings on June 25, and July 2, 9, 16, 23, & 30
 - 3 PM Anger Management for Adolescents (12 - 17 yrs)
 - 4 PM Anger Management for Kids (5 - 11 yrs)
 - 5 PM Anger Management for Adults (18+ yrs)

Location: Brazos County Health District, 201 N Texas Avenue, Bryan, Texas 77803

To register and for more information call or text
832-641-9782 or email Pam Johnson at
prjohnson100@gmail.com

African American Maternal & Child Health Class

Come and join our community of expectant moms!

Class Topics • Pregnancy Basics • Pregnancy Physical Activity • Pregnancy Nutrition • The Pregnancy Process • Anticipating Your Baby • Postpartum Health • Breastfeeding • Infant Care • Emergency Situations	Guest Speakers • Nutritionist • Pediatric Nurse • Physical Therapist • Lactation Specialist • Child Safety Specialist Resources • Insurance & Clinic • Insurance Signage • Prenatal Clinic and Provider
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When:
 Tuesday Evenings from July 1st to 29th, 2025
 (7/1, 7/8, 7/15, 7/22, 7/29)
 Time:
 6 to 7:30 pm
 Where:
 Brazos County Health District
 201 N Texas Ave, Bryan TX, 77803

Diinner & Childcare Provided! Email smmealing@tamu.edu to reserve your spot. Include your name and phone number.

Brazos County Health District

Maternal & Child Health

Emergency Preparedness Class

JOIN THE WORKSHOP

Email
smmealing@tamu.edu
 to reserve your spot
 Include your name and phone number

Date: Thursday, July 10th, 2025
 Time: 11 am to 12 pm
 Location: First Christian Church Bryan/College Station
 900 S Ennis St.
 Bryan, TX 77803

For expecting mothers and mothers with children under 5 years old

Only 12 participants per class

All participants will receive a backpack with emergency supplies

Brazos County Health District

Maternal & Child Health

Emergency Preparedness Class

JOIN THE WORKSHOP

Email
smmealing@tamu.edu
 to reserve your spot
 Include your name and phone number

Date: Thursday, July 24th, 2025
 Time: 11 am to 12 pm
 Location: First Christian Church Bryan/College Station
 900 S Ennis St.
 Bryan, TX 77803

For expecting mothers and mothers with children under 5 years old

Only 12 participants per class

All participants will receive a backpack with emergency supplies

Brazos County Health District

Breast Cancer Screenings

with Follow Up Mammograms

Approximately 1 in 8 women in the United States will get breast cancer during their lifetime.

June 26, 2025 and July 24, 2025	201 North Texas Ave, Bryan, TX 77803	8:00 AM - 3:30 PM
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Early Detection is the Best Protection

To schedule your appointment, please contact

Olinda Munoz
 979.361.5719
omunoz@brazoscountytexas.gov

TEXAS A&M AGRILIFE EXTENSION

PRESENTS

10 WARNING SIGNS OF ALZHEIMER'S

July 16, 2025
 12:00 - 1:00 PM
 201 N Texas Ave, Bryan, TX 77803

Free Admission to All Citizens in the Brazos County Area

Register here!

TEXAS A&M AGRILIFE EXTENSION

PRESENTA

10 SEÑALES DE ADVERTENCIA DEL ALZHEIMER'S

16 de Julio de 2025
 12:00 - 1:00 PM
 201 N Texas Ave, Bryan, TX 77803

Entrada gratuita para todos los ciudadanos del area del condado de Brazos

¡Regístrate aquí!

BRAZOS COUNTY HEALTH DISTRICT

KINDERGARTEN ROUNDUP

It's that time again! Join us at the Brazos County Health District, in collaboration with BVCAP HeadStart, for our kindergarten back to school vaccine event!

WHO? WHEN? WHERE?

- Kindergartners
- August 2nd 10:00 AM - 1:00 PM
- Brazos County Health District

SEE YOU THERE!

979-361-4440
 201 N. Texas Ave
 Bryan, TX 77803

Fun! **Prizes!** **Face Painting** **Games!** **Snacks!**