

Build your Disaster Kit

Build you kit all at once with what you have then purchase the rest as needed.

Pack these basic items for each person and pet in a portable container or backpack. One that is waterproof is best. You will need these supplies if you stay at home (shelter-in-place) or evacuate to another location. You may have to leave in a hurry to get to a safe pace; keep these supplies near your car so you can grab-and-go when needed.

Food and Water

- 3-day supply of on-perishable food (canned or pouched food)
- 1 gallon of water per day per person and each pet
- Manual can opener
- Baby items (baby food, formula, bottles, diapers)
- Pet supplies (see Pet Supplies section)

First Aid, Medication, Hygiene Supplies

- First-aid kit (See First-Aid Kit Contents)
- Medications
- Hand sanitizer or wipes
- Toilet paper, paper towels, garbage bags
- Dental care products (toothpaste, toothbrushes)
- Hearing and visions products (hearing aids and batteries, glasses, contact lenses, contact lens solution, sunglasses)
- Soap, shampoo, personal hygiene supplies
- Sunscreen, insect repellent
- Face Masks to filter air

Communication, Lighting, Document bag items

- Battery-powered radio with extra batteries or crank radio (emergency alert radio is best)
- Extra cell phone battery and car charger
- Flashlights and extra batteries
- Matches and lighter – keep in a waterproof container or sealable plastic bag
- Whistle
- Document Bag items

Items for Evacuating by Vehicle

- Road maps
- Car repair items (tools, spare tire, tire patch kit, oil)
- Food and water
- Plastic plates, cups and utensils
- Tent, blankets, pillows
- Clothes and sturdy shoes
- Rain gear and towels

- Books, games, toys

Before you leave home:

- Fill you gas tank, and check you spare tire
- Take cash, checkbook, and credit cards
- Call your family emergency contact
- Charge you mobile phone
- Get a map of your route

Pet Supplies

- 3-day supply of food, water, and bowls
- Pet medications and first—aid kit
- Vaccination records
- Crate and carrier (may be required in shelters or where you spend the night)
- Leash and toys
- Cat Litter and box
- Photo, in case pet gets lost

First-Aid Kit Contents

- 2 compress dressings (5X9 inches)
- 25 Band-Aids (different sizes)
- First-aid tape
- Antibiotic ointment
- Hydrocortisone ointment
- Pain reliever, such as aspirin, ibuprophen or acetaminophen
- Instant cold pack
- 2 pair of medical gloves (non-latex)
- Oral thermometer, scissors, tweezers
- 2 roller bandages (different widths), elastic bandages, triangular bandages (for making slings)
- 10 sterile bandages
- First-aid instruction booklet

Document Bag Contents

- Current photo ID's, Driver's License, Birth Records, Social Security Card, Passport (keep your Social Security Card separate from other documents to decrease risk of identity theft)

- Current family photos of family member in case you are separated
- Health insurance and prescription cards
- Medical records, medications, and dosages
- Phone numbers (family, friends, doctors)
- Bank account information
- Wills and Insurance documents (homeowner, renter, flood, life)
- Property deeds, leases, mortgages
- Vehicle titles, insurance, leases, loan documents
- Inventory of household possessions and their value (take photos of every room, every drawer, every closet) and Backup computer files (on a USB drive and Utility bills (to prove where you live)
- Copies of important keys

People with Disabilities/Access and Functional Needs

- Wheelchairs, walkers, and canes
- Cooler with cold packs for medications
- Extra medications and dosages
- Copies of prescriptions and medical alert tags
- Food for special diets
- Medical supplies (oxygen, glucose monitoring strips, syringes, etc.)
- Hearing aids and extra batteries
- Communication devices
- Supplies and documentation for service animals

Sheltering-In-Place

When staying home is you best choice, add these items to your kit and stay tuned to the news.

- Water
- Non-perishable food and manual can opener
- Baby food and Pet food
- Fire extinguisher
- Plastic sheeting and duct tape (to seal doors, windows and air vents from contaminated air or to build an emergency shelter)