

Brazos County Health Department

A City-County Public Health District



News Release

May 8, 2013

For Immediate Release

E. Coli Infections in Brazos County

The Brazos County Health Department (BCHD) has been notified of eight cases of diarrheal illness, possibly caused by Shiga-toxin producing Escherichia coli (STEC). Five cases have been confirmed as E. Coli 0157:H7. BCHD, in conjunction with the Texas Department of State Health Services (Region 7), is actively investigating these cases to determine if there is a commonality, and if so, what actions will be taken to prevent further cases.

BCHD recommends that any person who has signs or symptoms of STEC infection seek medical care. Symptoms include severe stomach cramps, watery diarrhea (which is often bloody), and vomiting. Most people get better within 5-7 days, but children under 5 and people over 65 are at risk of further complications.

BCHD will host a press conference on Wednesday, May 8 at 8:30 am in the health department classroom.

For more information about E. coli, visit www.cdc.gov/features/ecoliinfection.

(News media: for more information contact Sara Mendez, PIO at smendez@brazoscountytexas.gov or at 979-361-5730).



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